

Yuen Long Public Secondary School
9th Swimming Gala (2019-2020)

1. Entries

Each competitor may enter for **three** individual events (excluding the relay races). No one is allowed to compete in any event if s/he has not entered for it in the entry form.

2. Competitors

2.1 Competitors may enter in each event according to their age group as indicated below:

A Grade- Date of birth on or before 31st December 2003

B Grade- Date of birth on or after 1st January 2004

C Grade- Date of birth on or after 1st January 2006

2.2 No substitution for any competitor will be allowed.

3. Competition Rules

All events will be held in accordance with the competition rules of Hong Kong Amateur Swimming Association as per FINA unless otherwise specified.

4. Uniform

All competitors should wear swimming suits or swimming trunks and **House swimming cap**. Any competitor who fails to do so may risk disqualification.

5. Competitors Reporting Procedures

Competitors must report to the marshal at Marshalling Area when their events are announced. Any competitor who fails to report to the Marshal after the Final Call would be liable to disqualification.

6. Timing

The hand timing will be regarded as official timing.

7. Points

7.1 Points are awarded to the first 8 competitors or houses in each event as follows:

Position	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Individual Events	9	7	6	5	4	3	2	1
Relay Races	18	14	12	10	-	-	-	-

7.2 Entry Point

a) **ONE** entry point will be granted to each student, and the point(s) will then be added to both the scores of the individual participant and the House total for the **completion** of the event.

b) **TWO** points will be deducted if anyone fails to participate in a particular event which he/she has entered for. If a competitor is sick, he/she has to produce a doctor's certificate or a letter from parents to the Marshal before the event concerned starts.

7.3 Standard Point

ONE extra point will be granted to each student for obtaining the standard result, and the point(s) will then be added to both the scores of the individual participant and the House total. For standard result in relay races, **TWO** extra points will be added to the scores of the House total but not to the individual participant.

7.4 Open Events

For open events, score will be counted on individual and House total, but not included in the score of any grade.

7.5 New Record

TWO extra points will be awarded to the scores of the individual participant and House total for any broken record. For broken records in relay races, **FOUR** points will be added to the scores of the House total but not to the individual participant.

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- 7.6 Should total be equal in calculating the overall results, the number of gold medals won by the students or the houses concerned will be counted. Should the scores persisted, the silver and then the bronze will be counted and so on.
8. Awards
- 8.1 Medals will be awarded to the First, Second and Third places in each event.
- 8.2 In each grade, the athlete who has obtained the highest total scores will be awarded an Individual Champion trophy. When two athletes tie on point, the Individual Champion will be decided by
- a. the number of first position won in ***Open Events***;
 - b. the number of second position won in open events; and so on.
- 8.3 The House with the highest total scores in Overall Boys, Overall Girls, Overall Champion or Cheering Team will be awarded a trophy.
9. Appeal Procedure
- 9.1 Any appeal should be reported through the Appeal Committee within 30 minutes after the event.
- 9.2 The appeal should be reported through the House Master/ Mistress only.
- 9.3 Any decision made by the Appeal Committee should be regarded as final. Any inappropriate or invalid appeals may result in the penalty in the form of point deduction.

Standard for Various Events

Event	Boys			Girls		
	A	B	C	A	B	C
50m Freestyle	50"	54"	58"	55"	57"	1'00"
50m Breaststroke	55"	58"	1'10"	1'10"	1'15"	1'20"
50m Backstroke	55"			1'10"		
50m Butterfly	1'00"			1'15"		
100m Freestyle	1'50"			2'00"		
100m Breaststroke	2'00"			2'20"		
4x50m Freestyle Relay	3'45"			4'00"		