



Dear Parents/ Guardians:

**2019/20 September Notice (1)**

To have a better understanding of our school's measures and facilitate home-school co-operation, parents may read the following circulars in detail.

- a. The 9<sup>th</sup> Swimming Gala
- b. Badminton and Squash PE lessons for S.6 girls (only applicable to S.6 girls)

The reply slip should be duly completed and returned to the Class Teacher on or before 20.9.2019 (Friday).

Yours faithfully,



IU Kok-Kin  
Principal

The notice will be uploaded to our school website for your reference.

16 September 2019

### a. The 9<sup>th</sup> Swimming Gala

Our 9<sup>th</sup> Swimming Gala will be held at Yuen Long Swimming Pool on 30 September 2019 (Monday). **All students must attend.** To facilitate better home-school communication, parents are cordially invited to attend our Swimming Gala. Details are as follows:

<ol style="list-style-type: none"> <li>1. <b>Date</b> : 30 September 2019 (Monday) <b>Time</b> : 8:15 a.m. to 12:30 p.m. Award ceremony will begin at 12 noon.</li> <li>2. <b>Venue</b> : Yuen Long Swimming Pool</li> <li>3. <b>Roll Call Time</b> : 8:15 a.m.</li> <li>4. <b>Roll Call Place</b> : Main Entrance outside Yuen Long Swimming Pool</li> <li>5. <b>Dress Code</b> : All students have to wear school P.E. uniform or activity uniform.</li> <li>6. Competitors may refer to the website of our P.E. Department and the notice board of our P.E. Club for details, such as schedules, records, standards, and scoring methods etc.</li> </ol>	<ol style="list-style-type: none"> <li>7. The Swimming Gala will be cancelled under the following situations. Students have to return to school at 8:15 a.m.: ~ The Typhoon Signal No.3 remains in force at 6:00 a.m.; or ~ The Thunderstorm Warning remains in force until 9:00 a.m.; or ~ The Amber Rainstorm Signal is in force; or ~ The Air Quality Health Index (AQHI) is at the 10+ serious level. <b><u>(The latest updates will be released on our school website at 7:00 a.m.)</u></b> If the above-mentioned situations happen during the Swimming Gala, the remaining events will be cancelled. Students will be released to return home under safe conditions as soon as possible.</li> <li>8. <b>Enrolment Deadline</b> : 20 September 2019 (Friday)</li> <li>9. Should you have any queries, please contact Ms. LEE Mei-Shan or Mr. CHEUNG Chi-Wan at 24762357.</li> </ol>
---	---

### b. Badminton and Squash PE lessons for S.6 girls (Only applicable to S.6 girls)

To provide diverse learning opportunities, badminton and squash classes will be arranged for S.6 girls. Details are as follows:

Class	Dates of Badminton Class	Gathering Time	Dismissing Time	Gathering Place	Dismissing Place
6B & 6D girls	18/10, 8/11, 22/11, 29/11 & 6/12, 13/12 (Friday)	8:40 a.m.	9:45 a.m.	School Playground	Yuen Long Sport Centre (52 Ma Tin Rd, Yuen Long)

Class	Dates of Squash Class	Gathering Time	Dismissing Time	Gathering Place	Dismissing Place
6A & 6C girls	23/9 (Monday)	8:15 a.m.	9:30 a.m.	Yuen Long Jockey Club Squash Court (32 Kin Tak Street Yuen Long)	Yuen Long Jockey Club Squash Court
6B & 6D girls	20/9, 27/9 & 11/10 (Friday)				

Remarks :

1. Students should wear proper school P.E. uniform.
2. Students have to pay their own transport fare.
3. If students cannot take part in the badminton and squash training, they have to hand in a parent letter and go to the venue to observe the training class.
4. If the event is cancelled due to bad weather, the teacher-in-charge will let students return home under safe conditions as soon as possible.
5. Should you have any queries, please contact Ms. LEE Mei-Shan at 24762357.



Letter to Parents No.3 – 2019/20  
Reply Slip

To the Principal of Yuen Long Public Secondary School :

- i) I acknowledge the receipt of the following circulars
  - a. The 9th Swimming Gala
  - b. Badminton and Squash P.E. lessons for S.6 girls (Only applicable to S.6 girls)

ii)

**The 9th Swimming Gala**

I, the parent/ guardian of \_\_\_\_\_ (student's name)  
\_\_\_\_\_ (class) \_\_\_\_\_ (class no.) acknowledge that my child must attend the 9th  
Swimming Gala held on 30<sup>th</sup> September 2019 (Monday). My child

- \* will not attend any event
  - is healthy, and will attend
    - Inter-house relay competition (Students who do not put a ✓ in this box are not allowed to take part in the competition or be a substitute)
    - Inter-class relay competition (Students who do not put a ✓ in this box are not allowed to take part in the competition or be a substitute)
    - Individual events (Students can choose the individual events they want to take part in from List A. Each student can take part in up to 3 individual events)
1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

- I  will attend the swimming gala
- will not attend the swimming gala

iii)

**Badminton and Squash P.E. lessons for S.6 girls (Only applicable to S.6 girls)**

I, the parent/ guardian of \_\_\_\_\_ (student's name)  
\_\_\_\_\_ (class) \_\_\_\_\_ (class no.)

- \* allow my child to attend the classes
- do not allow my child to attend the classes, and will provide a parent letter and a medical certificate.

Signature of Parent/Guardian : \_\_\_\_\_

Name of Parent/Guardian : \_\_\_\_\_

\_\_\_\_\_ September 2019

\* Please put a ✓ in the appropriate

## List A

1. 50m Freestyle Boys A
2. 50m Breaststroke Boys A
3. 50m Freestyle Boys B
4. 50m Breaststroke Boys B
5. 50m Freestyle Boys C
6. 50m Breaststroke Boys C
7. 50m Backstroke Boys Open
8. 50m Butterfly Boys Open
9. 100m Freestyle Boys Open
10. 100m Breaststroke Boys Open
11. 50m Freestyle Girls A
12. 50m Breaststroke Girls A
13. 50m Freestyle Girls B
14. 50m Breaststroke Girls B
15. 50m Freestyle Girls C
16. 50m Breaststroke Girls C
17. 50m Backstroke Girls Open
18. 50m Butterfly Girls Open
19. 100m Freestyle Girls Open
20. 100m Breaststroke Girls Open



敬啟者：

**2019/20 學年九月份學校安排須知 (一)**

為讓家長更了解學校各項措施及促進家校合作，請家長詳閱下列通告：

- a. 有關「第九屆水運會」事宜
- b. 中六級女子羽毛球及壁球課 (適用於中六女生)

請家長填妥《家長綜合回條》，並著 貴子弟於 2019 年 9 月 20 日 (星期五) 或以前交予班主任。

此致

各位家長



元朗公立中學校長

余國健謹啟

上述通告將上載至本校網頁，歡迎家長瀏覽。

2019 年 9 月 16 日

### a.有關「第九屆水運會」事宜

本校第九屆水運會定於2019年9月30日(星期一)假元朗泳池舉行，**所有同學必須出席**。本校為推動家長多參與學校活動，藉此加強接觸及了解，現特邀各位家長出席水運會。有關安排如下：

<p>1. <b>日期</b>：2019年9月30日(星期一) <b>時間</b>：上午8時15分至下午12時30分 <b>頒獎禮時間</b>：中午12時正開始</p> <p>2. <b>比賽地點</b>：元朗泳池</p> <p>3. <b>點名時間</b>：上午8時15分</p> <p>4. <b>點名地點</b>：元朗泳池入口處空地</p> <p>5. <b>服飾</b>：全體學生均須穿著整齊體育服或活動服出席</p> <p>6. 參賽同學可詳閱學校體育科網頁及張貼於體育學會報告板資料，包括場刊、賽程、紀錄、標準及計分方法等</p>	<p>7. 比賽當天如有下列情況，水運會將會取消，學生須於上午8時15分回校上課： ~天文台於上午6時仍然懸掛三號颱風訊號；或 ~廣泛地區雷暴警告訊號有效期間至上午9時；或 ~黃色暴雨警告訊號生效；或 ~香港空氣質素健康指數達10+級嚴重水平 <b>(請留意當天上午7時在學校網頁公佈的最新消息)</b> 若水運會進行中出現上述天氣突變，餘下賽事將會取消，並在安全情況下儘快讓學生回家</p> <p>8. <b>截止報名日期</b>：2019年9月20日(星期五)</p> <p>9. 如有查詢，請致電24762357與李美嫻老師或張子宏老師聯絡</p>
---	---

### b.中六級女子羽毛球及壁球課 (適用於中六女生)

為了提供多元化學習機會，本校特意為中六女生安排羽毛球及壁球課，詳情如下：

班別	羽毛球課日期	集合時間	解散時間	集會地點	解散地點
6B及6D女生	10月18日、 11月8、22、29日及 12月6、13日 (星期五)	上午8:40	上午9:45	學校操場	元朗體育館 (元朗馬田路52號)

班別	壁球課日期	集合時間	解散時間	集會地點	解散地點
6A及6C女生	9月23日 (星期一)	上午8:15	上午9:30	元朗賽馬會壁球場 (元朗建德街32號)	元朗賽馬會壁球場
6B及6D女生	9月20、27日及10月11日 (星期五)	上午8:15	上午9:30	元朗賽馬會壁球場 (元朗建德街32號)	元朗賽馬會壁球場

備註：

1. 學生須穿著整齊體育服；
2. 學生須自備車費前往活動地點；
3. 如學生未能參與羽毛球及壁球課，必須遞交家長信並前往活動地點進行觀課；
4. 假若活動當日天氣臨時變壞，以致活動需要取消，領隊教師將在安全情況下安排學生儘快回校；
5. 如有查詢，請致電24762357與李美嫻老師聯絡。



家長通函第 3 號 – 2019/20

家長綜合回條

敬覆者：

甲部.

本人已知悉下列通告

- a. 有關「第九屆水運會」事宜
- b. 中六級女子羽毛球及壁球課（適用於中六女生）

乙部.

有關「第九屆水運會」事宜

本人知悉敝子弟\_\_\_\_\_（\_\_\_\_\_班）（\_\_\_\_\_號）必須出席於  
2019 年 9 月 30 日（星期一）在元朗泳池舉行之第九屆水運會，而敝子弟

- \* 將不參與任何項目
- 健康良好，將會參與
  - 社際接力比賽（沒有✓此項者不得參賽或作後備替補）
  - 班際接力比賽（沒有✓此項者不得參賽或作後備替補）
  - 下列個人項目（每人可參加一至三項個人項目）

1.\_\_\_\_（選項）\_\_\_\_\_ 2.\_\_\_\_（選項）\_\_\_\_\_ 3.\_\_\_\_（選項）\_\_\_\_\_

- 本人 \* 將會出席參觀水運會
- 無暇出席

丙部.

中六級女子羽毛球及壁球課（適用於中六女生）

本人 \*同意敝子弟\_\_\_\_\_（6\_\_\_\_\_班）（\_\_\_\_\_號）參與以  
上課堂。

不同意 敝子弟參與，並附上家長信及附頁所載之疾病 / 醫藥治療 / 醫生證明。

此覆  
元朗公立中學校長

家長簽署：\_\_\_\_\_

家長姓名：\_\_\_\_\_

2019 年 9 月 \_\_\_\_\_ 日

\* 請於適當 填上✓

## 個人項目

男子甲組 50 米自由泳
男子甲組 50 米胸泳
男子乙組 50 米自由泳
男子乙組 50 米胸泳
男子丙組 50 米自由泳
男子丙組 50 米胸泳
男子公開組 50 米背泳
男子公開組 50 米蝶泳
男子公開組 100 米自由泳
男子公開組 100 米胸泳
女子甲組 50 米自由泳
女子甲組 50 米胸泳
女子乙組 50 米自由泳
女子乙組 50 米胸泳
女子丙組 50 米自由泳
女子丙組 50 米胸泳
女子公開組 50 米背泳
女子公開組 50 米蝶泳
女子公開組 100 米自由泳
女子公開組 100 米胸泳